



Week Commencing: \_\_\_\_\_

Please return by **TUESDAY** to ensure your choices

## Meals Service Winter Menu - Week Three Menu

Name \_\_\_\_\_

Address: \_\_\_\_\_

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.  
Please return your completed menu to your driver.

<b>Monday</b>	
<b>Please select one main meal</b> A <input type="checkbox"/> Beef Stroganoff B <input type="checkbox"/> Spinach & Ricotta Ravioli with Rich Napoli Sauce & Parmesan Cheese C <input type="checkbox"/> Chicken Caesar Salad	<b>Please select one dessert</b> A <input type="checkbox"/> Lemon Meringue B <input type="checkbox"/> Fresh Fruit   C <input type="checkbox"/> Two Fruits   D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Moroccan Spiced Chickpea Soup
<b>Tuesday</b>	
<b>Please select one main meal</b> A <input type="checkbox"/> Roast Lamb with Mint Sauce & Gravy Lemon & Thyme Marinated Grilled B <input type="checkbox"/> Chicken with Gravy C <input type="checkbox"/> Tuscan Chickpea Salad	<b>Please select one dessert</b> A <input type="checkbox"/> Chocolate Ripple Cake B <input type="checkbox"/> Fresh Fruit   C <input type="checkbox"/> Two Fruits   D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Mediterranean Spicy Spinach & Lentil Soup
<b>Wednesday</b>	
<b>Please select one main meal</b> A <input type="checkbox"/> Basa Fillet with Dill Sauce B <input type="checkbox"/> Slow Cooked Pork Medallion with Honey Garlic Soy Sauce C <input type="checkbox"/> Chicken Salad	<b>Please select one dessert</b> A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce B <input type="checkbox"/> Fresh Fruit   C <input type="checkbox"/> Two Fruits   D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Sweet Potato Soup
<b>Thursday</b>	
<b>Please select one main meal</b> A <input type="checkbox"/> Roast Chicken with Chicken Gravy B <input type="checkbox"/> Beef Bolognese with Pasta & Fresh Parmesan Cheese C <input type="checkbox"/> Potato Bacon & Egg Salad	<b>Please select one dessert</b> A <input type="checkbox"/> Maple & Peach Pudding with Custard B <input type="checkbox"/> Fresh Fruit   C <input type="checkbox"/> Two Fruits   D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Mushroom Soup
<b>Friday</b>	
<b>Please select one main meal</b> A <input type="checkbox"/> Fish of The Day with Hollandaise Sauce B <input type="checkbox"/> Mushroom & Spinach Quiche with Relish C <input type="checkbox"/> Tuna Nicoise Salad	<b>Please select one dessert</b> A <input type="checkbox"/> Apple Strudel with Cream B <input type="checkbox"/> Fresh Fruit   C <input type="checkbox"/> Two Fruits   D <input type="checkbox"/> Yoghurt <input type="checkbox"/> Oxtail & Vegetable Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you

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