



Week Commencing: _____

Meals Service Winter Menu - Week One Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday - Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Gravy	A <input type="checkbox"/> Raspberry Trifle
B <input type="checkbox"/> Mongolian Beef	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Caesar Salad	<input type="checkbox"/> Chicken Noodle Soup
Tuesday - Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Bread & Butter Pudding with Custard
B <input type="checkbox"/> Roast Pork with Apple Sauce & Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Potato & Leek Soup
Wednesday - Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Wine Braised Beef Steak with Gravy	A <input type="checkbox"/> Apple & Rhubarb Crumble with Whipped Cream
B <input type="checkbox"/> Barramundi Fillet with Creamy Lemon Sauce	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Cream of Broccoli Soup
Thursday - Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken Parmigiana	A <input type="checkbox"/> Butterscotch Self-Saucing Pudding
B <input type="checkbox"/> Vegetarian Lasagne with Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Creamy Celeriac & Potato Soup
Friday - Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Corned Silverside with Seeded Mustard Sauce	A <input type="checkbox"/> Berry Cobbler with Whipped Cream
B <input type="checkbox"/> Slow Cooked Honey Cumin Marinated Pork Scotch with Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Chicken & Asparagus Soup

We value your feedback please turn over to give your feedback



Please write any comments you have on our meals and the service we provide. Thank you
