



Week Commencing: _____

Meals Service Winter Menu - Week Four Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday - Delivered Monday. This Meal must be eaten on Monday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Meatloaf with Gravy	A <input type="checkbox"/> Pavlova Roulade
B <input type="checkbox"/> Moroccan Chicken with Chicken Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Caesar Salad	<input type="checkbox"/> Lentil Curry Soup
Tuesday - Delivered Monday. This Meal must be eaten on Tuesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Beef with Gravy	A <input type="checkbox"/> Fruit Charlotte
B <input type="checkbox"/> Roast Pork with Apple Sauce & Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Creamy Cauliflower Soup
Wednesday - Delivered Wednesday. This Meal must be eaten on Wednesday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Salmon Fillet with Hollandaise Sauce	A <input type="checkbox"/> Pavlova with Chantilly Cream & Passion Fruit
B <input type="checkbox"/> Slow Cooked Beef Cheek	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Tomato & Basil Soup
Thursday - Delivered Wednesday. This Meal must be eaten on Thursday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Butter Chicken with Rice & Capsicum Strips	A <input type="checkbox"/> New York Baked Cheese Cake
B <input type="checkbox"/> Char Sue Pork with Mashed Potato	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
	<input type="checkbox"/> Tuscan Chickpea Soup with Pasta
Friday - Delivered Friday. This Meal must be eaten on Friday.	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Lamb with Gravy & Mint Sauce	A <input type="checkbox"/> Tiramisu
B <input type="checkbox"/> Silverbeet & Ricotta Strudel with Relish	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Smoked Ham Hock & Pea Soup

We value your feedback please turn over to give your feedback

