



Week Commencing: _____

Meals Service Winter Menu - Week Two Menu

Name _____

Address: _____

Please select your meal by placing a tick next to one Main Meal (A or B or C) and Dessert, Two Fruits, Fresh Fruit or Yoghurt. If you would like Soup please tick the applicable box.
Please return your completed menu to your driver.

Monday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Beef Bourguignon	A <input type="checkbox"/> Pavlova with Berry Compote
B <input type="checkbox"/> Honey Garlic Pork Steak with Chicken Gravy	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Caesar Salad	<input type="checkbox"/> Pea & Ham Soup
Tuesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Basa Fillets with Cheese & Parsley Sauce	A <input type="checkbox"/> Chocolate Fudge Self-Saucing Pudding
B <input type="checkbox"/> Braised Beef Ravioli with Napoli Sauce & Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuscan Chickpea Salad	<input type="checkbox"/> Minestrone Soup
Wednesday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Chicken Schnitzel with Potatoes Gratin & Chicken Gravy	A <input type="checkbox"/> Bread & Butter Pudding with Custard
B <input type="checkbox"/> Mushroom Risotto with Parmesan Cheese	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Creamy Potato & Leek Soup
Thursday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Roast Turkey with Cranberry Sauce & Chicken Gravy	A <input type="checkbox"/> Pineapple Upside Down Cake with Cream
B <input type="checkbox"/> Beef Goulash	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Potato, Bacon & Egg Salad	<input type="checkbox"/> Creamy Pumpkin Soup
Friday	
Please select one main meal	Please select one dessert
A <input type="checkbox"/> Fish of The Day with Dill Sauce	A <input type="checkbox"/> Sticky Date Pudding with Caramel Sauce
B <input type="checkbox"/> Spanakopita with Relish	B <input type="checkbox"/> Fresh Fruit C <input type="checkbox"/> Two Fruits D <input type="checkbox"/> Yoghurt
C <input type="checkbox"/> Tuna Nicoise Salad	<input type="checkbox"/> Coconut & Red Lentil Curry Soup

We value your feedback please turn over to give your feedback

Meals on Wheels Marwal

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